

017 Physical Culture and Sport (Chosen Sports Trainer)

BA Study Programme

№з/п	Назва дисципліни	Кількість кредитів	Семестр
1.	University Studies	4	1
2.	<i>I am a Student</i>	1	1
3.	<i>Servant Leadership</i>	1	1
4.	<i>Introduction to specialty</i>	1	1
5.	Ukrainian Studies	6	1,2
6.	Philosophy Studies	4	6
7.	Foreign Languages	10	1,2
8.	Human anatomy and physiology	8	1,2
9.	Human anatomy and sport morphology	4	1
10.	Human physiology	4	2
11.	Biomedical foundations of physical education	20	1-8
12.	Medicine Basics	4	1,2
13.	Physiology of Sports	4	3,4
14.	Biochemistry of sports	4	5
15.	Physical rehabilitation in sports	4	6
16.	Sports Medicine	4	7,8
17.	Pedagogy and Psychology	12	1-3
18.	General pedagogy	4	1
19.	General Psychology	4	2
20.	Psychology of Sport	4	3
21.	Theory and methodology of physical education	4	3,4
22.	Olympic and professional sports	10	3-7
23.	Olympic sports	4	3,4
24.	Professional sports	2	5
25.	Sports Management	2	6
26.	Adaptive sports	2	7
27.	General theory of athletes training	14	1-7
28.	The theory of training of athletes in Olympic sports	6	1-3
29.	Children and Youth Sport	4	4,5
30.	Adaptation in Sports	4	6,7
31.	Modern ICT and research methodology in Physical Culture and Sports	4	3,4
32.	Kinesiology (biomechanics with elements	4	5,6

	of dynamic anatomy)		
33.	Sports disciplines methodology	24	1-5
34.	Power sports and its methodology	4	1-3
35.	Athletics and its methodology	4	1,2
36.	Gymnastics and its methodology	4	1,2
37.	Swimming and its methodology	4	2-5
38.	Sports games and its methodology	8	3-5
39.	Theory and methodology of chosen sport	16	1-8