

017 Physical Culture and Sport (Physical Education teacher)**BA Study Programme**

№	Discipline	Credits	Semester
1.	University Studies	4	1
2.	<i>I am a Student</i>	1	1
3.	<i>Servant Leadership</i>	1	1
4.	<i>Introduction to specialty</i>	2	1
5.	Ukrainian Studies	6	1,2
6.	Philosophy Studies	4	6
7.	Foreign Languages	10	1,2
8.	Modern ICT and research methods	4	2
9.	Human anatomy and sport morphology	6	1
10.	Human and motor activity physiology	8	1,2
11.	Biochemistry of motor activity	4	2
12.	Kinesiology (biomechanics with elements of dynamic anatomy)	4	3
13.	Biomedical foundations of physical education	5	3,4
14.	First aid	4	5

15.	Hygiene of physical education	5	5
16.	History of physical culture and sports	4	1
17.	Theory and methodology of physical education	14	3-8
18.	Pedagogy	4	3,4
19.	Psychology	4	4
20.	Psychology of physical education	4	5
21.	Athletics and its methodology	4	1,2
22.	Gymnastics and its methodology	4	1,2
23.	Sports games and its methodology	8	1-4
24.	Swimming and its methodology	4	5,6
25.	Adaptive physical education	4	7,8
26.	Methodology for group exercise therapy	4	7,8
27.	Professional and pedagogical improvement	10	2-6
28.	Legislative support for Physical Culture and Sports	4	6
"Sport and health tourism" as additional specialization			
29.	Tourism and its methodology	5	3
30.	Hiking trip	6	3

31.	Sports orienteering	4	4
32.	Ski meeting	4	5
33.	Basics of international tourism management	4	5
34.	Basics of advertising and marketing in tourism	4	6
35.	Health tourism	4	7
"Organization of mass sports" as additional specialization			
36.	Methodology of groups and sports club organization	4	5
37.	Mass physical culture	4	5
38.	Sports facilities	4	7
39. 3	Sports events management and marketing	6	3
40.	Recreational games	4	4
41. 6	Mass sports in foreign countries	4	6
42.	The organization of sports events and refereeing sports	5	3
"Fitness" as additional specialization			
43.	Fitness club management and marketing	6	3
44.	Modern health and fitness technologies	4	5
45.	Aerobic fitness programs	4	4
46.	Power fitness programs	4	5

47.	Mental and functional fitness	4	7
48.	Recreational technologies	5	3
49.	Technologies and types of "Sport for All"	4	6
"National defense" as additional specialization			
50.	Armed Forces of Ukraine on protection of Fatherland	4	3
51.	International and domestic humanitarian law	4	3
52.	Topography and modern technologies in military training	4	5
53.	Military training systems of foreign countries	4	7
54.	The theory and methodology of teaching the discipline "National defense" (+ civil defense)	5	3,4
55.	Drill, fire and tactical training	6	5,6
56.	Applied Physical Training and Self-Defense	4	4,5